

# Bank Kitchen Recipe: Low-Carb Strawberry Refresco

Prep-time: 15 minutes   Serves: two

1 cup of SONIC®, America's Drive-In® Ice

11 oz. can of Slim-Fast® Low Carb Diet Shake (Vanilla Cream: flavor)

.3 oz. packet of JELL-O® Sugar-Free Gelatin (Strawberry: flavor)

Prepare the JELL-O® Sugar-Free Gelatin mix as directed per the instructions on the product's box. While still warm, pour the blended gelatin liquid over the SONIC® Ice.

Immediately top iced-mixture with the Slim-Fast® Low Carb Diet Shake. Then, blend the drink by pouring between two glasses for approximately 10 seconds.

Allow beverage to set for approximately 30 seconds.

Garnish with a frozen, or fresh fruit of personal choice. Serve. Enjoy!

submitted by: Jim   

